

Helen Griffiths graduated with first class BSc (Hons) degree in Biochemistry from Bath University in 1985. She gained her PhD on “Reactive oxygen species damage in rheumatoid arthritis” from the Faculty of Medicine at Birmingham University (1989). She received the Catherine Pasquier Prize from the SFRR-E in 2004, founded the Aston Centre for Healthy Ageing in 2009 and was elected as a Fellow of the Royal Society of Biology in 2011. Helen was appointed as Professor of Biomedical Sciences and Executive Dean of the Faculty of Health and Medical Sciences at the University of Surrey in December 2016.